

Monday

Chicken Tandoori
Vegetable Risotto with
Mixed Vegetables
Naan Bread
Bombay Potatoes
Curry Spiced Broccoli and
Cauliflower
Bread and Butter Pudding

Tuesday

BBQ Glazed Pork with Stir-
fried Vegetables
Sweet Potato, Jackfruit,
Chick Pea and Yellow
Pepper Jalfrezi
Turmeric Rice
Chinese Leaf, Broccoli and
Green Beans
Mixed Fruit Crumble

Wednesday

Roast Gammon
Vegetable and Bean Cottage
Pies
Mixed Vegetables
Roasted Parsley Potatoes
Chocolate Cake with
Chocolate Custard

Thursday

Spicy Beef Chilli
Mixed Lentil and Bean
Moussaka
Sliced Carrots
Corn
Cajun Rice
Banana Iced Sponge

Friday

Battered Fish of the day
Vegetable and Refried
Beans Burrito with a Vegan
Cheese and Tomato Topping
Chips
Mushy Peas
Beans
Fruit Salad Pots

